Dr. Michele Winchester-Vega, Owner at Dr. Michele Winchester-Vega & Associates

Why did you join the Community Foundation of Orange and Sullivan’s (CFOS) Board of Directors?
I was asked to join by Karen VanHouten as we met through Tribute to Women of Achievement and she recognized the need for more women on the board.

What do you enjoy doing when you aren’t working or volunteering?
Travel, as it is a wonderful “teacher.” Spending time with family and friends.

What is one quote that you try to live by?
Aesop- “No act of kindness no matter how small is ever wasted.”

What are your favorite worthy charitable causes?
Every charity has worth but I love Kidz4casuses as my daughter and my family began years ago to invite young people into doing for others.

What is one thing that people don’t know about you?
I grew up in the deep south with no running water.

What are two things that make you the happiest?
Making the community we live in a bit better by doing for and with others. A daughter that thrives and is happy.