

Rowley Family Foundation Fund for Women & Children 2022 Grant Recipients

Orange, Sullivan & Ulster Counties

Legal Services of the Hudson Valley

Legal Services of the Hudson Valley (LSHV) is a nonprofit law firm that provides high quality counsel in civil matters for low income and other vulnerable individuals who do not have access to the legal representation needed to meet their basic needs. Pursuit of this mission includes a commitment to principles and practices of diversity and inclusion to ensure justice for all persons regardless of their economic or social conditions. The funded project will provide housing & income stabilization services for female residents of Orange, Sullivan, and Ulster counties, who are victims of domestic violence. Services will include legal representation, litigation and/or negotiation in proceedings, legal advice and counsel, and non-legal advice and referral to additional services and supports.

St. Luke's Cornwall Health System Foundation, Inc.

This grant will enhance The Making Successful Life Choices program. The program provides education and resources to help mothers dealing with substance use disorder break the cycle of addiction and become empowered to provide a safe, stable environment for their children. Driven by a dedicated patient navigator, this program assists mothers struggling with addiction through pregnancy, infant hospitalization, post-birth experiences, and treatment. The patient navigator collaborates with local centers for recovery to identify potential participants, and facilitates care transitions, including assessing needs, securing housing, finding placement in addiction recovery programs, and covering childcare costs. The enhanced program will cover transportation costs.

Worker Justice Center of New York

The Worker Justice Center of New York Survivor Services Program is launching a new project in Orange, Sullivan and Ulster counties: Rise Up! Women in Motion. This support and leadership development group is for immigrant women who are victims/survivors of domestic/sexual violence or human trafficking and work in low-wage industries. Through support circles, participants will be provided opportunities for leadership development and training to gain knowledge and skills to address the impact violence has had on their physical, mental, and emotional health. This project promotes tolerance in the Hudson Valley because it provides immigrant women with skills,

support, and leadership development to become stronger voices and presences in our community.

Planned Parenthood of Greater New York

This grant will support Planned Parenthood of Greater New York's Community Engagement work within communities of color in Orange, Sullivan and Ulster counties. The Community Engagement team aims to dismantle these barriers and build pathways to care by conducting outreach; providing educational SRH workshops; making referrals and health center appointments; and collaborating with partners with a shared mission of advancing health equity. This work aims to establish trust within communities and link individuals to health centers where a majority-female patient base is served, and care is provided for all – regardless of insurance status or ability to pay.

Victory Hill Therapeutic Horsemanship

Stable Moments™ is a 10-month, weekly mentorship program where foster and adopted children achieve individualized life goals through Trauma Informed Equine Assisted Learning (TI-EAL). Through experiential learning activities with their horse, children learn life skills such as empathy, social- and self-awareness, healthy relationships, effective communication and learning to trust. They also learn about responsibility, commitment, setting attainable goals and community involvement. Job readiness skills are taught to older teens aging out of the foster care system. Bringing horses and youth together in a mentorship program allows the child to build life skills that help them heal from trauma, build resiliency and transition into a healthy adulthood.

Westchester-Ellenville Hospital Inc. [dba Ellenville Regional Hospital]

Ellenville Regional Rural Health Network provides interventions for new mothers that focus on the first 1,000 days. This is a crucial time when the foundations for optimum health and development across the lifespan are established. A postpartum support group will focus on improving the mental and physical well-being of women who are pregnant or have given birth (or adopted), and the health of their children. The group will be a place for moms to socialize, build support networks, access resources, have their questions answered, and learn about service organizations. The second is nutrition counseling for families with children two or younger, with a focus on pregnant, and postpartum mothers. A nutritionist will complete an intake assessment with the family to evaluate current eating habits, provide education and meal plans, and empower them to make healthy eating choices on their own.

Yerik Israel Toney Foundation for Premies

Yerik Israel Toney Foundation for Premies supports parents and premature babies during their time in the NICU and upon transition to the home environment to improve well-being and outcomes for all involved. Grant funding will support the purchase of special formula for premies, which is very expensive as well as transportation to and from the hospital and doctor appointments, housing, furniture, and clothing. It is hoped that with the support of this grant, new parents of premies will be able to focus on their child's needs without additional financial and emotional stress.

Orange County

Baby Steps Baby Pantry

Baby Steps Baby Pantry distributes diapers and related health care products to families throughout Orange County at a monthly curbside/walk up in Newburgh and through its many community partners. The pandemic has increased the number of families in need of diapers. This grant helps increase Baby Steps' bulk diaper purchasing power and reduces the burden of paying surcharge rates due to the current economic landscape of supply chain challenges. It additionally increases the resources distributed per child and the number of children sustainably supported each month.

Cornell Cooperative Extension of Orange County

Cornell Cooperative Extension Orange County's Relatives as Parents Program (RAPP) provides resources, education, and peer support to kinship families in Orange County. RAPP has grown to a network of over 200 families, a countywide agency coalition, a corps of peer mentor volunteers, and maintains a reputation for quality programming. A new component of programming will help fill in gaps, specifically for legal consultations, respite care, and childcare. RAPP programs promote social connection and caregiver resilience, support the social and emotional development of children, and increase caregiver knowledge of parenting and child development. Additionally, RAPP provides peer mentoring, crisis mental health services, and intergenerational family events.

Newburgh Free Library/Newburgh Girls Code Club

Newburgh Girls Code Club (NGCC) is a youth leadership development program of the Newburgh Free Library that fosters STEAM learning opportunities to help close race and gender gaps in tech. NGCC is hosting a yearlong cohort of interactive coding workshops, a summer immersion coding bootcamp, collaborations with local tech organizations, mentoring opportunities, and panel discussions. Participants ages 10-18 will explore how they can use computer science to change the world in a community of supportive peers. Professional coders guide participants through coding program

tutorials. Youth also engage in mindfulness workshops, participate in the Hudson Valley Tech Fest & Hackathon, and produce NGCC's podcast.

Nora Cronin Presentation Academy

Nora Cronin Presentation Academy(NCPA) is a private nonprofit middle school located in Newburgh, NY, exclusively serving girls from low-income families. Its mission is to provide a path out of poverty through education by promoting values of hope, justice, freedom, faith, and human dignity. NCPA addresses the challenges of its students with a tuition-free program that engages students' parents as partners in the school community; a mandatory extended day and extended school year; early intervention; a graduate support program of mentoring and academic support; and connections to successful women who serve as role models. Students are taught perseverance and gain the skills needed to navigate a work life that will support them into the future.

RUPCO Inc - Newburgh YouthBuild program

The Newburgh YouthBuild program (NYB) provides help, hope and lasting change to 30 undereducated youth per year, aged 16-24 to complete their high school education and receive job training skills in construction and nursing. The program is structured to provide 50% of time in education, 40% in occupational skills training, and 10% in leadership development and community service-learning projects. NYB will actively engage women and girls into non-traditional career pathway programs by providing access to training and opportunities in the construction industry. Female union members will speak with female participants to explain their success working in the carpenter union. NYB will place a special emphasis on the recruitment of girls and women with dependent children. NYB will offer free onsite childcare to those who need the service to participate in the program.

Sullivan County

Rural & Migrant Ministry, Inc.

Rural & Migrant Ministry, Inc.'s (RMM) Youth Economic Group (YEG) is a youth empowerment program whose members created a rural youth-led cooperative business, Bags for Justice. This diverse group of high school students cultivates alternative economic opportunities resulting in positive social change by educating and empowering themselves and others, and developing business, leadership, and communication skills. The curriculum addresses the roots of societal injustice, the importance of identifying issues impacting their own lives, recognizing barriers, and brainstorming ways to overcome them. Members create designs based on focus topics

and artisanal shoulder bags and t-shirts bearing these designs. The process teaches skills ranging from accounting to conflict resolution.

Sullivan 180

The Empowering a Healthier Generation (EHG) Program is a Sullivan 180 multi-phase initiative to improve and promote the social, physical, and environmental health and wellness of the students enrolled in all Sullivan County public schools. The program provides funding, technical assistance, and partner resources. The purpose of EHG is to engage Sullivan County (SC) School Districts in promoting health and wellness among students, staff, parents, and their communities to create long-term positive change. The goal is to create a grassroots movement changing policy and environments; while demonstrating that individuals and families have an important role in building a culture of health for themselves and the next generation.

Ulster County

The Institute for Family Health

The Institute for Family Health will use this grant to support its Building a Trauma Resilient (BTR) Kingston & Beyond project, which focuses on addressing childhood trauma and resulting poor health outcomes. Its goal is to promote a community-wide, trauma-informed culture that will help women and children affected by trauma build resilience to lead healthy lives. Funding will support activities including collaborations with local community-based organizations supporting immigrants, helping staff communicate with individuals who don't speak English, and improving access to care. The Institute's community and patient outreach coordinator will conduct targeted outreach to underserved children and families, aid with essential support services, and emergency supplies. 400-500 children will be screened for Adverse Childhood Experiences and referred for services as needed.

AJ Williams-Myers African Roots Community Center

At the onset of the COVID-19 pandemic, the African Roots Center joined the Kingston Emergency Food Collaborative (KEFC). KEFC formed as an emergency response to collaboratively address food insecurity during the pandemic. This project has expanded its food justice work for a deeper impact on the community by providing cooking workshops for families led by an instructor skilled in leading mixed-age groups and preparing nourishing, culturally rich, budget-friendly dishes. Families cook and eat together, learn appropriate cooking tasks for young children, and practice modifying recipes to suit their tastes. They also take ingredients for the recipe to prepare again at home, reducing the financial risk of purchasing new food.

Center for Creative Education

With the increase of single parent households and the need for many to hold down several jobs at once, Center for Creative Education can see that women and children lack accessible, affordable, and meaningful parallel programs for their families.

S.P.I.C.E is a year-round program for single women and their children, with a special focus on women of color. S.P.I.C.E empowers women and children by affirming life-skills, enhancing self-esteem, and promoting health and wellness. Weekly, monthly, and quarterly programs, free of charge are provided to women and their children in areas including self-defense, money management, the arts, meditation, and nutrition. In addition, on-site childcare and meals are available.

Ulster Community College Foundation Inc.

The Lights for Learning program provides emergency funding to SUNY Ulster students in financial distress. Assisting them with unforeseen costs including homelessness, home displacement, domestic violence, car repairs, utility shut-off, food insecurity, and childcare expenses. Lights for Learning funds enable students to address their immediate financial concerns, ensuring they remain enrolled at SUNY Ulster and obtaining the education they desire. Without these funds, students would otherwise be more likely to drop out of college due to financial hardships. Women living and supporting children have avoided eviction, escaped domestic violence, afforded childcare, and gained the ability to travel to work and school due to assistance from the Lights for Learning program.

Ulster Literacy Association

Ulster Literacy Association (ULA) recruits, trains, and supports approximately 200 volunteers annually who work one on one or small groups to provide reading, writing, and English language instruction to adult residents of Ulster County. English for Parents was launched in 2015 in the Kingston School District serving 60 adults pre-COVID with the goal of offering EFP in every school district in the county. With support from this grant, an outreach program will be developed to rebuild and expand the network that helps this vulnerable community to gain access to the learning tools they need by identifying women in need of English for Parents classes or basic literacy tutoring and reducing barriers to accessing these classes.

YWCA of Ulster County

YMCA of Ulster County manages the Magic Circle School, which is an early childhood education center with three locations in Ulster County providing care for children ages 6 months to 6 years old. Its play and adventure-based approach supports the healthy social, emotional, and physical development of young people, and provides milestone assessments to guide first time parents. With grant funding, it aims to expand programming to bridge the gap between early childhood success and primary and middle school experience. By providing after-school, weekend, and summer enrichment programs to children who "graduate" from Magic Circle School, it is positioned to provide nurturing and engaging enrichment experiences to families throughout their primary and middle school years. With the funding, services can also be expanded to Orange and Sullivan County residents during the summer months and school vacation times.

Orange & Sullivan Counties

Bethel Woods Center for the Arts

Bethel Woods Center for the Arts in partnership with Fearless! Hudson Valley will expand its Creative Arts Therapy program for mothers and children who have been impacted by domestic violence. Programs provide an outlet for women to connect with each other and their children while enjoying the therapeutic benefits of community art making. Each support group helps participants communicate freely, discover the pleasures of creative activity, and connect in an environment of mutual support and non-judgement. The art and music activities have themes of safety, self-care, boundaries, empowerment, building trust, and resilience. Fearless! Families also receive free access to events, classes, and activities at Bethel Woods, providing them with cultural experiences they might not otherwise be able to enjoy.

Town of Walkill Boys & Girls Clubs

Project Triple Club addresses education, citizenship, and health. A quiet, dedicated space is provided to help children develop a habitual pattern of completing homework. Intensive, individual, and small group tutoring includes fun, experiential learning activities designed to reinforce classroom lessons. Children can research, plan, publicize, and implement community service activities and events; and monthly visits from local businesses encourage giving back. Healthy snacks are served and learning activities help shape positive attitudes about nutrition, well-being, and physical fitness. Recreational activities can be participated in regardless of ability, strengthening interpersonal skills, behavior, and character.

Orange & Ulster Counties

Warwick Area Farmworker Organization

This project will promote safer homes in the farmworker communities of Orange and Ulster counties by developing a curriculum and tool kit to teach prevention of communicable diseases and creation of safe environments for children. Community Health Workers recruited from the farmworker community and trained on specific topics will provide programs to 1,000 to 1,200 farmworkers in their places of work, childcare, and education. This program is of key importance in this community as the rate of COVID infection and farm accidents is extremely high. This program will help to educate participants, change behaviors and link to health services important to the health and well-being of children and families.

Rowley Family Foundation Fund for Women and Children

The ***Rowley Family Foundation Fund for Women and Children*** is a philanthropic effort designed to identify and address pressing issues impacting some of the most vulnerable members of our community. Through targeted and specific funding, the goal of this initiative is to support nonprofits in the region to elevate their programming to empower the women and children of Orange, Sullivan and Ulster Counties.

The Fund for Women and Children receives financial support from the Rowley Family Foundation and is coordinated in partnership with the Community Foundation of Orange and Sullivan. This strategy is designed to be as efficient and effective as possible in targeting resources and solutions that are making a difference in helping women and children thrive and reach their potential by offering help, hope and lasting change that improves lives and strengthens communities.

Launched in 2019 with inaugural grants of \$516,791 to area organizations, this fund quietly operated during the height and aftermath of the COVID-19 pandemic. A request for applications was again released in the late Fall of 2022, and after reviewing nearly \$2 million in requests, the Rowley-Murray family selected the above recipients to receive grants ranging from \$5,000 - \$50,000 for a total of \$539,716.14. These funds will be used during 2022 to support the 24 critical and life changing programs described above.